

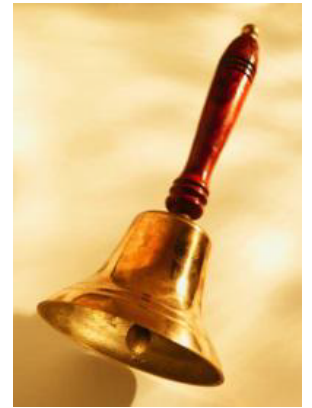
3 Mistakes Parents Make Before Kindergarten and How to Fix Them

As playschool, preschool, and kindergarten get closer and closer are you concerned if you are doing what your child needs in order to have a good start at school? You, as parents and caregivers, are critically important because:

90% of the brain develops by age 5.

1: The most common mistake parents and caregivers make before kindergarten is waiting until kids get to school to think about learning. Before the age of 5, kids are at home, not at school, so parents really are the first teachers and home is the first school.

Really, home is the winner of the “No-bell Prize” because school only builds on what you have already started. Starting before kindergarten is starting smart.



2. Does this mean parents need to be rocket scientists to have smart kids?



Fear is Mistake #2. The fear that you are not good enough, or smart enough, or do not have enough education holds parents back.

As a parent, you have accomplished one of life's biggest learning challenges already, teaching your child to use language. Any language.

Massive amounts of connecting have to happen in the brain for kids to know a language.

As a parent, you have achieved the biggest first step already, but don't stop there. The brain needs gazillions more connections in many more areas so keep going with your support for learning.

3. Mistake #3 is almost like betrayal. Some parents will work hard on getting kids ready for kindergarten. Flash cards, brain-stimulating videos, educational kits, expensive toys, electronic games and apps but...Focusing on academic skills is another big mistake. You do not need to turn your home into an expensive, private prep school for your child or children. This can do the opposite and undermine your child's ability as a student. This fix is the best one of all: ... (drum roll and warning: You will find this hard to believe because it sounds too easy and natural, but that's the point!) ... PLAY. That's right, PLAY!

The 3 biggest mistakes are:

- **waiting,**
- **letting fear get in the way, and**
- **focusing on academics.**

The fixes are:

- **starting before school,**
- **having confidence in yourself, and**
- **PLAY!!**

Mother Nature must have known when kids are learning the most that parents are also the busiest so she built-in a solution: PLAY. Smart Mother Nature.

That's the answers to the WHAT. But, do you still have lots of questions about HOW? Questions like: How to find time for play? How to encourage play? How to link learning and play? And, how to make play affordable?



Those are great questions, and teachers expect questions. I invite you to email your questions to me: teacher@123kindergarten.com

Along with the mistakes and questions, comes a handful of excuses: "But we don't have enough time." "We can't afford it." "What if we do something wrong?" Or maybe the excuses go: "The to-do list is way too long to do anymore." "The family budget is already stretched beyond max." "Don't know how to do this or where to start." These are most certainly valid they need some practical solutions.

Could you use some more answers? And assurances that it's not hard, nor expensive, nor will you need to add to your already-too-long list? Kids need time to play and play time is made of minutes. Minutes that you can use anytime. Much of your time will be spent doing needed tasks and chores to care for the family. It's possible to include play with doing the laundry, or the dishes, or making meals once you know how.

Make sure to add teacher@123kindergarten.com to your email white-list. Watch your email for more answers and a follow-up : 3 Secrets for Smart Kids